

Prayer For My Day

When pain comes, let me choose to allow endurance to grow in me. When I encounter opposition, let me not become angry or discouraged.

Remind me that I am a disciple of Yours, Lord Jesus. Move me to follow Your example: Because of the joy ahead, You endured the cross, paying no attention to its shame. Now You are seated in the place of honor beside God's throne.

Lord Jesus, I ask these things for Your honor. Amen



Coffee/tea thought: Today, whatever my need, let me allow God's grace to strengthen me.

John

Ref: Stimulated by John Baillie, A Diary of Private Prayer

今日的祷告

当痛苦来临时，让我心里能有更多的忍耐。当我遇上抵挡，让我不至发怒，或失去勇气。

求你提醒我是跟随你的人。感动我来学你的样式：因着摆在前面的喜乐，就轻看眼下的羞辱，如今坐在神宝座的右边。

主耶稣，我求这些，为了你的荣耀。阿门。



随想：今天无论我有什么样的需要，让我靠着神的恩典刚强起来。

史建恩

参考：节选自约翰·白里的《隐秘祷告日记》