

### Loving God With Mind and Heart - Alcuin 3

The Anglo-Saxon Alcuin (735-804 AD) wrote this ancient blessing:

May the eternal Creator look upon you, and preserve you in the grace that He has poured upon you.

May He rule your mind, direct your ways, and illuminate, strengthen and confirm your thoughts in all goodness.

May He forgive your past sins, and protect and defend you against present and future sins.

May the hand of the Lord be your helper, and His holy arm grant you help all the days of your life.



*Coffee/tea thought:* Is the Holy Spirit speaking to you in a deep way through one of those phrases?

John

Ref: A Mind Intent on God -- The Prayers and Spiritual Writings of Alcuin, by Douglas Dales (2003)

### 尽心尽意爱神：阿尔昆(3)

下面古老的祝福是阿尔昆（主后 735-804）写的：

愿永世的创造主看顾你，保守他已经浇灌在你身上的恩典。

愿他掌管你的心灵，指教你的道路，告诉你那些意念是良善的。

愿他赦免你过去的罪孽，看顾保守你远离现在和将来的罪过。

愿他的手成为你的帮助，圣洁的臂膀保守你生命中的每一天。



随想：借着这些句子，圣灵对你心灵的深处说话吗？

史建恩