

Designed to Desire God 3

Beatrice (1200-1268 AD) has valuable insight for us today, since human nature is the same today as long ago.

She tells those of us who have walked with the Lord for years not to be surprised by storms along our spiritual pilgrimage. We will experience fluctuations from one season to the next, with emotions radiating every color of the rainbow. When we are in love with Jesus, we can be fanatically in love. When we feel destitute, we can be overwhelmed by our distress.

"Beatrice sensitively expresses both the joys and the pains we go through as we progress in our lifelong journey with the Lord. ... She encourages us in those stormy times and always assures us that the journey is worthwhile as we enter ever deeper realms of love for Jesus our Savior." -- *Glenn Myers, SEEKING SPIRITUAL INTIMACY (2011)*

Beatrice encourages us not to ignore our emotions, but to be authentic, to acknowledge the fluctuations, the ebb and flow, of our spirit and emotions. As with human love relationships, our relationship with Christ will experience such dynamics.



Coffee/tea thought: Believers over the centuries have found solace in the authenticity of human emotions expressed in the Psalms. Meditate on the rhythm of storm and sunshine in your life, as expressed in *Psalms 42 and 43*, with the repeated refrain: "Why am I discouraged? Why is my heart so sad? I will put my hope in God! I will praise him again -- my Savior and my God!"
<http://www.biblegateway.com/passage/?search=Psalm%2042,%2043&version=NLT>

John

被造渴慕神3

比阿特丽丝（公元1200—1268年）对今天的我们仍有帮助，因为人的性情自古不变。

她告诉我们这些跟随主多年的人不要对属灵旅途中的风暴感到惊讶。我们会不时地经历起伏，情绪也会展现出彩虹的每一个颜色。当我们爱耶稣，我们会陷入疯狂的爱中。当我们感到被抛弃，我们也会被自己的痛苦压倒。

“比阿特丽丝敏感地表达出我们在与神同行的旅途中所经历的喜乐与痛苦……她鼓励在风暴中的我们并向我们保证这旅途的价值，因为我们能更深爱上耶稣我们的救主。”——
Glenn Myers, 《寻求灵里的亲近》（2011）

比阿特丽丝鼓励我们不要忽视自己的情绪，要真诚，要承认自己灵里和情绪里的起伏和潮起潮落。如同与爱人的关系一样，我们与基督的关系也有这些动向。

随想：许多世纪以来，信主的人因着诗篇里所表达出的人的真实情绪而受到安慰。默想你生活中的风暴和阳光，就像诗篇42和43里不断提到的：“我的心哪，你为何忧闷？为何在我里面烦躁？应当仰望神。因我还要称赞他。他是我脸上的光荣，（原文作帮助）是我的神！”
<http://www.biblegateway.com/passage/?search=Psalm%2042,%2043&version=CUVS>

史建恩