

## Surprise While Singing 2

In the 1700s, before there were antidepressants, William Cowper (pronounced "Cooper") suffered periodic bouts of deep depression. To help Cowper, his pastor John Newton (writer of Amazing Grace) suggested they write hymns. Their collaboration resulted in Olney Hymns, from which many well loved hymns came.

One of these is "*Sometimes a light surprises the Christian while he sings.*" Cowper's imagery in verse 2 (below), from Christ's words in *Matt. 6*, opens the windows of my soul to allow God's sunlight in:

"Set free from present sorrow, we cheerfully can say,  
Let the unknown tomorrow bring with it what it may.

It can bring with it nothing but He will bear us through;  
Who gives the lilies clothing will clothe His people, too;  
Beneath the spreading heavens, no creature but is fed;  
And He Who feeds the ravens will give His children bread."



*Coffee/tea thought:* "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today." -- *Jesus*

John

Ref: Read the passage: *Matt. 6.27-34*

<http://www.biblegateway.com/passage/?search=Matthew%206:27-34&version=NLT>

## 歌唱中的惊喜2

17世纪，在抗抑郁剂出现之前，威廉·古柏饱受抑郁症之苦。为了帮助古柏，他的牧师约翰·牛顿（奇异恩典的作者）提议他们一同写诗。许多至今都受人喜爱的诗歌就来自他们创作的奥尼诗集。

其中一首是《基督徒唱诗时常有惊喜之光》。古柏描述的景象来自基督在马太福音6章里说的话，也打开我魂里的窗户使神的光可以照进来：

“我们从哀伤中得释放就欢喜宣告，  
让未知的明天发生其当发生之事；

当发生之事无一他不能承受；  
装饰百合者必装饰他的子民；  
普天之下，无一受造不被喂养  
喂养麻雀者必喂养他的儿女。”——威廉·古柏（1731-1800）

随想：“所以，不要为明天忧虑，因为明天自有明天的忧虑；一天的难处一天当就够了。”——耶稣

史建恩

阅读：马太福音6：27-34

<http://www.biblegateway.com/passage/?search=mal%204.1-3&version=CUVS>