

On Being A Spiritual Companion

To be a spiritual companion for someone, I need *_detachment_* -- that is, letting go of control and the need to have things go the way I want.

Also I need *_discretion_* -- holding in confidence things I hear from my friend.

And I must have *_discernment_* -- wisdom from the Holy Spirit to sense the difference between truth and falsehood.

Spiritual companionship is a gentle art, writes Urban Holmes.

There are times when I will to confront. But most of the time I must be willing to listen. Willing to help the other person look inside, to help them draw out feelings and expand thinking.

"It is important for me not to think too highly of myself in this relationship, but to stand in awe of what God is doing in the life of the other person. Often this requires me to get out of the way. When in ignorance I have nothing to say, I must remain silent." -- *Urban T. Holmes III, SPIRITUALITY FOR MINISTRY.*



Coffee/tea thought: Is there someone in my circle of friends/acquaintances whom God is asking me to companion in this way?

John

作属灵同伴

作别人的属灵同伴，我需要放手——不去控制，不需要所有事都按我的想法办。

我也需要谨慎——为我的朋友保密。

我也须要分辨——叫圣灵赐智慧区别真相和谎言。

属灵同伴是微妙的艺术，Urban Holmes说。

有时我得正面对待。但大多数时间我得愿意聆听。愿意帮助人往里看，帮助他们理清情绪，扩展思维。

“在这样的关系中不要把自己看得太高，倒要敬畏神在人里面的工作。这常需要我走开别挡道。我若无知就别说话，保持沉默就好了。”——Urban Holmes 《属灵的事奉》

随想：神在我的周围放下需要我这样陪伴的人了吗？

史建恩